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2019 SA MEN'S HEALTH BUSINESS BREAKFAST

The Freemasons Foundation Centre for Men's Health

Dr Roger Sexton AM, Chairman of Beston Global Food Company and Principal Patron of the Freemasons Foundation Centre for Men's Health, invites you and your colleagues to the 2019 SA Men's Health Business Breakfast. This year we will keep it local and hear from South Australian, Anthony Hart, mental health ambassador and Director of the Hart Retail Group, operating SA's PETstock franchises, and Hart Wellbeing. Anthony transformed his own mental health crises into an opportunity and founded the Lifeback Tracker program. Anthony is collaborating with SA businesses to offer this program for workforces, helping to build a culture that recognises vulnerability and encourages open communication.

Event details

- Thurs 26 September, 7.15 for 7.30am (to 8.45am)
- McLachlan Room, Adelaide Oval
- Tickets: samhbb2019.eventbrite.com.au or Ph. 8313 0514
Table of 8: \$460 Individual: \$60 - \$70

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